

**ONCE A
CHILD
LEARNS TO
SWIM,
THEY'LL
LOVE IT FOR
LIFE**



BOYS & GIRLS CLUBS
OF UNION COUNTY

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Union, New Jersey 07083

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2023 SUMMER PROGRAM

June 26
to
August 25
(CLOSED JULY 4TH)

MONDAY thru FRIDAY
8 am to 5:30 pm

- ★ **Swimming**
- ★ **Educational Enrichment**
- ★ **Early Care Available**



GREAT FUTURES START HERE.

**CONTACT US FOR INFORMATION
ON EARLY REGISTRATION DISCOUNT!**

908.687.2697 ext. 101

JOIN US FOR A GREAT FUN-FILLED SUMMER

"Learn to Swim for Life" is the motto of Director of Aquatics & Head Coach, **Yefim Shoykhet**. Yefim has over 36 years of coaching experience and began his career as the head coach of the Olympic Swim School in the Soviet Union. Assistant Aquatics Director, Lucero Cano, began her career as a swim coach in Colombia.

Our aquatics program works with youth at all skill levels to develop them as a whole swimmer. Summer training includes stroke development, conditioning, and preparation for the upcoming season. Swimmers participate in stroke clinics, stretching, and conditioning techniques. Swim lessons are available to everybody as young as 9 months old. Most of our swimmers have been with the program for an average of 10 years, developing their life skills during that time. Alumni swimmers have been recruited by Harvard, Johns Hopkins, US Air Force Academy, Purdue University and UCLA.

Youth Swim Lessons:

A progressive series of courses designed to teach water safety and swimming skills to youth ages 5-18.

**Classes are 4 days a week
for two weeks.
AM and PM sessions available.
\$160 per session**

Membership required.

If enrolled in camp, AM sessions are \$90

www.bgcuc.org/aquatics

We are a state-licensed camp. All state subsidies are accepted, including Community Coordinated Childcare of Union County and Programs for Parents.



CURRENT MEMBERS: DOWNLOAD OUR APP

www.bgcuc.org



2023 Summer Camp

FUN
ALL SUMMER LONG!

Summer Fun Club

Our newly restructured summer camp offers youth ages 5-12 more summer fun than ever before! This year, our camp is featuring Basketball Camp, weekly field trips and **ENRICHING** educational programming.

We will also be offering an exciting STEM program.

Tuesdays and Thursdays
9 am-10 am

Call 908.687.2697 ext. 101
for more information.
Spaces are limited.



All 5 year olds must be 5 years old by February 1, 2023 in order to enroll

Teen Leadership Camp

Teen Leadership Camp, ages 13-15, offers members an opportunity to participate in our exciting, fun summer activities, while engaging in character and leadership education.

Members of Teen Leadership Camp will participate in:

- Fun-filled field trips!
- Weekly Community Service activities.
- College Tours and Information Sessions.
- Interactive workshops with guest speakers.
- Daily activities to strengthen their character and leadership skills!
- Career and college exploration and preparation.



2023 Camp Schedule Dates

- 1 June 26 to June 30
- 2 July 3 to July 7 (Closed July 4)
- 3 July 10 to July 14
- 4 July 17 to July 21
- 5 July 24 to July 28
- 6 July 31 to August 4
- 7 August 7 to August 11
- 8 August 14 to August 18
- 9 August 21 to August 25

CAMPERS ARE REQUIRED TO BRING:

- Insulated, labeled lunch bag (Please do not send items that need to be heated.)
- Swim gear (Swim caps for girls.)
- Sneakers (Please, no open-toed shoes or sandals.)

Stroke Development Swim Camp

This program is for competitive swimmers already on a swim team or swimmers looking to join a swim team. The focus is on stroke development, conditioning, and preparation for the upcoming season. Members benefit from stroke clinics, instructional videos, stretching and conditioning techniques, aquatics website exploration, and nutrition information.

Program components include: Freestyle, starts, backstroke, breaststroke, butterfly, turns, and individual medley.

HALF DAY (AM Program) • 9 am-1 pm
4 hours of stroke development, dry land, video and FUN!

FULL DAY Program
All of the above **plus** aquatics computer class, game room, gym, and movies.

For more information and fees,
visit www.bgcuc.org/aquatics

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ALL CDC RECOMMENDED PROTOCOLS IN PLACE

✓ **Regular Cleaning**



CAMP FEES
NEW!! 3 DAYS
(Tuesday, Wednesday & Thursday)
\$195 per week

Summer Fun Club
(Ages 5 to 12 years old)
\$265 per week

Teen Leadership Camp
(Ages 13 to 16 years old)
\$240 per week

Stroke Development Swim Camp
Full Day: \$350 per week
Half Day: \$300 per week

Early Care:
7 am to 8 am
Additional **\$15** per child per day

Late Pick Up:
Pick up is 5:30 pm.
A **\$15 per 1/2 hour** late fee will be charged for each child picked up after 5:30 pm.

Late fee is due at pick up.
*Membership Required

Internal Scholarships are available

EARLY REGISTRATION IS NOW OPEN!

Reserve your child's spot for only **\$50 down** per week if you register **before June 1st!** If you register **after June 1st**, a **50% down** payment per week is required and is non-refundable.