LEARN TO SWIM FOR LIFE!



JOIN US FOR A GREAT FUN-FILLED SUMMER

"Learn to Swim for Life" is the motto of Director of Aquatics & Head Coach, Yefim Shoykhet. Yefim has over 37 years of coaching experience and began his career as the head coach of the Olympic Swim School in the Soviet Union. Assistant Aquatics Director, Lucero Cano, began her career as a swim coach in Colombia.

Our aquatics program works with youth at all skill levels to develop them as a whole swimmer. Summer training includes stroke development, conditioning, and preparation for the upcoming season. Swimmers participate in stroke clinics, stretching, and conditioning techniques. Swim lessons are available to everybody as young as 9 months old. Most of our swimmers have been with the program for an average of 10 years, developing their life skills during that time. Alumni swimmers have been recruited by Harvard, Johns Hopkins, US Air Force Academy, Purdue University and UCLA.

Youth Swim Lessons:

A progressive series of courses designed to teach water safety and swimming skills to youth ages 5-18.

Classes are 4 days a week for two weeks. AM and PM sessions available. \$160 per session

Membership required. *If enrolled in camp, AM sessions are \$90*

www.bgcuc.org/aquatics

We are a state-licensed camp. All state subsidies are accepted, including Community Coordinated Childcare of Union County and Programs for Parents.















CURRENT MEMBERS: DOWNLOAD OUR APP www.bgcuc.org



Union, New Jersey 07083

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Join our class code at: https://remind.com/ join/bacofu



Please follow us on facebook.com/bgcuc

June 24 to August 23

(CLOSED JULY 4TH)

MONDAY thru FRIDAY 8:00 am to 5:30 pm

GREAT FUTURES START HERE.

CONTACT US FOR INFORMATION ON EARLY REGISTRATION DISCOUNT!

908.687.2697 ext. 101



2024 Summer Camp

Summer Fun Club

Our newly restructured summer camp offers youth ages 5-12 more summer fun than ever before! This year, our camp is featuring Basketball Camp, weekly field trips and **ENRICHING** educational programming.

We will also be offering an exciting STEM program.

Call 908.687.2697 ext. 101 for more information.

Spaces are limited.



All 5 year olds must be 5 years old by February 1, 2024 in order to enroll NO EXCEPTIONS

Teen Leadership Camp

Teen Leadership Camp, ages 13-15, offers members an opportunity to participate in our exciting, fun summer activities, while engaging in character and leadership education.

Members of Teen Leadership Camp will participate in:



- Fun-filled field trips!
- Weekly Community Service activities.
- College Tours and Information Sessions.
- Interactive workshops with guest speakers.
- Daily activities to strengthen their character and leadership skills!
- Career and college exploration and preparation.

Stroke Development Swim Camp

This program is for competitive swimmers already on a swim team or swimmers looking to join a swim team. The focus is on stroke development, conditioning, and preparation for the upcoming season. Members benefit from stroke clinics, instructional videos, stretching and conditioning techniques, aquatics website exploration, and nutrition information.

Program components include: Freestyle, starts, backstroke, breaststroke, butterfly, turns, and individual medley.

HALF DAY (AM Program) • 9 am-1 pm

4 hours of stroke development, dry land, video and FUN!

FULL DAY Program

All of the above plus aquatics computer class, game room, gym, and movies.

For more information and fees, visit www.bgcuc.org/aquatics

2024 Camp Schedule Dates

- June 24 to June 28
- 2 July 1 to July 5 (Closed July 4)
- 3 July 8 to July 12
- 4 July 15 to July 19
- **5** July 22 to July 26
- 6 July 29 to August 2
- August 5 to August 9
- 8 August 12 to August 16
- August 19 to August 23

CAMPERS ARE REQUIRED TO BRING:

- Insulated, labeled lunch bag (Please do not send items that need to be heated.)
- Swim gear (Swim caps for girls.)
- Sneakers (Please, no open-toed shoes or sandals.)





CAMP FEES*

NEW!! 3 DAYS

(Tuesday, Wednesday & Thursday) \$215 per week

Summer Fun Club

(Ages 5 to 12 years old) \$285 per week - 5 Days

Teen Leadership Camp

(Ages 13 to 16 years old) \$260 per week - 5 Days

Stroke Development Swim Camp

Full Day: \$400 per week Half Day: \$350 per week

Late Pick Up:

Pick up is 5:30 pm.

A **\$25 per 1/2 hour** late fee will be charged for each child picked up after 5:30 pm.

Late fee is due at pick up.

*Membership Required. No Exceptions.

Internal Scholarships are available

EARLY REGISTRATION IS NOW OPEN!

Reserve your child's spot for only \$50 down per week if you register before June 1st! If you register after June 1st, a 50% down payment per week is required and is non-refundable.